



Susquehanna Trail Dog Training Club

November 2013

Old Friends

by Connie Cuff



Ten Things Dogs Can Teach Us About Relationships
by Dr. Andy Roark, DVM

1. Forgive mistakes. No matter what we humans do - scoot our dogs from comfortable seats in front of the television or go on walks or jogs without them when the weather is too hot or cold - dogs never hold a grudge. They forgive us our failings and don't dwell on the wrongs.
2. Celebrate time together. How wonderful is it to come home to someone who's always thrilled to see you? Whether we left the house five hours ago or five minutes ago, canine companions are over-the-moon thrilled to be reunited with us. In today's world of constant "busy-ness", pausing to celebrate the entrance of a loved one doesn't always happen. That common complacency makes the act even more powerful.
3. Prioritize exercise. We live in a stressful world. Exercise is a great way to fight back against tension in our lives and also to have meaningful time with loved ones away from computers, phones, and distractions. I think most dogs would agree that we would all be better off if we spent more time together on walks.
4. Embrace the power of silence. Listening is hard work. Many of us (myself included) spend more time waiting for a turn to speak than paying attention to what our partners are telling us. Our dogs are never waiting to talk. They simply cock their heads and try their best to understand our message.
5. Show love in big and small ways. From laying their heads on our laps while we watch a movie to barking wildly and running in circles when we take them to the park, dogs let us know we are loved every single day.
6. Be yourself. In the words of the great sage RuPaul, "If you can't love yourself, how in the hell you gonna love somebody else?" Dogs have no interest in being anyone but themselves. I think this is why they can show affection so easily. They don't want to impress. They just want to love.

7. Don't forget to have fun. I have never met a dog who was too busy to have fun, but I have met plenty of people who are (and at times, I've been one). Life is too short not to play and feel good with those we care about.

8. Be loyal. Dogs don't complain to their friends when we leave dirty dishes in the sink, gain a few pounds or show up late for an evening walk. I've never seen a dog make someone look bad.

9. Treat your loved ones even better than they deserve. We should all aspire to be the types of people our dogs think we are. The boost I get from my dog's adoration reminds me to give that gift to others.

10. Give each other some space. My dog doesn't understand some of my hobbies, like Facebook or reading. I don't grasp the joy he gets from chasing birds or rolling in mud. Still we get along splendidly. In fact having time for each of us to pursue our individual hobbies keeps us happy and well balanced. After all, everyone needs some personal space from time to time.

A little extra work and attention goes a long way toward making a relationship stronger. So thanks to all the dogs out there for setting a good example and helping us humans be better partners!

May everyone enjoy a Happy Thanksgiving and be thankful for all the wonderful pets in our life and for all the love they give us.

Till next time,

Connie

Minutes (October 1, 2013)

submitted by Karen Sodrick

President's Report:

Newsletters are available online and some hard copies here. It is good to be back at the Center where we can do off lead training. Please pay attention to your dog at all times, especially when socializing since some dogs are new and we don't want them to have a bad first experience. It also helps if everyone moves away from the door after entering and stays to the side or across the gym. A reminder that scarves are available for those dogs who may have issues with other dogs.

We are preparing for the Halloween parade, which is Thurs. Oct 17 in Sunbury. Please be at the HS between 6:15- 6:30 as the parade moves promptly at 7:00 and we want to be at the beginning. We also need candy to distribute, so if you can't attend you may bring some to class. The Northumberland parade is October 30th this year.

There is a sign-up sheet for those who would like to attend the Sunbury Animal Hospital Fall Festival on October 20th anytime between 11:00-3:00pm. You do not need to stay the entire time.

Please be sure to check off your name on the sign in sheet each week. If your name is not on the list please sign on the yellow tablet.

A new supply of whistles has been ordered.

New members are : Amy Frost with her dog Freddie from Selinsgrove.

There is a visit to Emmanuel Center in Danville on Oct. 7 at 6:30pm.

Respectfully submitted,
Karen Sodrick



Notes and Notices



I want to thank everyone who helped with the Sunbury and Northumberland Halloween Parades - Bonnie who provided the flat bed and drivers, people who donated candy, and those that participated in the parade.

We have been in touch with a photographer who attended the Fall Festival at the Sunbury Animal Hospital. She will attend our meeting on Nov. 5 to display her pictures and give us information on her photography.

Our Christmas Party is Sunday, Dec. 8 at the Susquehanna Valley Country Club. I would like people to sign up as soon as possible so we can prepare for the evening. The cost is the same as last year \$17.00. We will have a silent auction so you can bring an item if you wish. We do a gift exchange which is for the dog or dog related. Cost can be \$10 or less. Also, dog food or a monetary donation can be given to Mostly Mutts.

We should keep Jim Smith in our thoughts since he recently underwent a cornea transplant. We wish him a speedy recovery.

In December our classes will be cancelled because the gym is used by the facility. The dates are Dec. 10, 17, 24 and 31. Classes will resume Jan. 7. We will have Class Dec. 3. All of our scheduled visits will continue as usual. Please be aware of winter weather conditions. We will post cancellations by 5pm on our web site and by E-mail if you have given us your E-mail address.

Sally Grottini is now settled in Minnesota. Please reach out to Connie if you'd like her mailing address.

The Norry Dog Park has officially opened. There is a section for small and large dogs. Phil Hallden and his crew worked very hard to make this project a reality.

Anyone attaining a title with TDI must notify me by Nov. 12 with your name, dog's name and number of visits.

We welcome new members Melissa Temple from Paxinos with Carly a Maltese, and John and Sara Lipko from Mifflinburg with a Yellow Lab, Tanner.

There is a new Pet Store that opened on Rt. 11 & 15 across from Monroe Market Place. Please be aware that pet stores sell puppy mill puppies. A reliable breeder does not sell to a pet store. Promote pet stores that offer rescue/adoption and shelter pets only or host adoption events. The madness & misery that our animals are living in needs to end.

Please note a change in our class schedule times: We will begin the advanced at 6:45 and beginners at 7:30. The gym is being used prior to our classes and our scheduled time in the gym is 6:30 to 8:30pm.

UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

Nov. 5 (Tues)	Training & Meeting with Tammy Tolan from Shabang Photos	6:45pm
Nov. 6 (Wed)	Riverwoods	10:00am
Nov. 7 (Thurs)	Geisinger Rehab, Health South Grayson View, Selinsgrove	2:00pm 6:30pm
Nov. 11 (Mon)	Veterans Day	
Nov. 13 (Wed)	Riverwoods	10:00am
Nov. 14 (Thurs)	Shamokin Hospital Life Geisinger Northwestern Academy	1:00pm 2:00pm 2:30pm
Nov. 19 (Tues)	Medium Prison, Allenwood (NCIC only)	12:00pm
Nov. 20 (Wed)	Riverwoods	10:00am
Nov. 21 (Thurs)	Sunbury Hospital Mansion Nursing Home Sunshine Corners	1:00pm 2:00pm 2:45pm
Nov. 25 (Mon)	Holy Family Convent Geisinger Rehab, Health South (note the date change)	1:00pm 2:00pm
Nov. 27 (Wed)	Riverwoods	10:00am
Nov. 28 (Thurs)	Happy Thanksgiving	
Dec. 2 (Mon)	Nottingham Village, Northumberland	6:30pm
Dec. 3 (Tues)	Last Class at the Selinsgrove Center until Jan.7	
Dec. 4 (Wed)	Riverwoods	10:00am
Dec. 5 (Thurs)	Geisinger Rehab, Health South	2:00pm
Dec. 8 (Sun)	Christmas Party, Susquehanna Valley Country Club	5:00pm
Dec. 9 (Mon)	Bucknell Library, Lewisburg	6:00pm - 8:00pm

November 2013

- Susquehanna Trail Dog Training Club
- US Holidays

October 2013

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November 2013

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December 2013

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22	23	24	25	26	27	28
29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
		<ul style="list-style-type: none"> ■ 6:45 PM AKC Star Puppy Class ■ 6:45 PM Training ■ 7:30 PM Beginner Training 	<ul style="list-style-type: none"> ■ 10:00 AM Riverwoods 	<ul style="list-style-type: none"> ■ Halloween ■ 1:00 PM Holy Family Con-vent ■ 2:00 PM Geisinger Rehab-Health South 		
3	4	5	6	7	8	9
<ul style="list-style-type: none"> ■ Daylight Savings Time Ends 		<ul style="list-style-type: none"> ■ Election Day ■ 6:45 PM Tammy Tolan (Shang Photos) ■ 6:45 PM Training ■ 6:45 PM AKC Star Puppy Class ■ 7:30 PM Beginner Training 	<ul style="list-style-type: none"> ■ 10:00 AM Riverwoods 	<ul style="list-style-type: none"> ■ 2:00 PM Geisinger Rehab, Health South ■ 6:30 PM Grayson View 		
10	11	12	13	14	15	16
	<ul style="list-style-type: none"> ■ Veterans Day 	<ul style="list-style-type: none"> ■ 6:45 PM AKC Star Puppy Class ■ 6:45 PM Training ■ 7:30 PM Beginner Training 	<ul style="list-style-type: none"> ■ 10:00 AM Riverwoods 	<ul style="list-style-type: none"> ■ 1:00 PM Shamokin Hospital ■ 2:00 PM Life Geisinger ■ 2:30 PM Northwestern Academy 		
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